



# EXTENSION

## STRENGTHENING OKLAHOMA FAMILIES

### Family and Consumer Science News

#### OK County Monthly News Oklahoma Home & Community Education

|                  |                 |          |
|------------------|-----------------|----------|
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| Editor           | Jo Ann Banse    | 503-7413 |
| Vice-President   | VACANT          |          |
| Secretary        | Gayla Mosteller | 769-3855 |
| Treasurer        | Paul Cunningham | 215-3394 |
| FCS Advisor      | Lisa Hamblin    | 713-1125 |

#### CALENDAR OF ACTIVITIES

**Mar 11, 2021** SE District Virtual OHCE Meeting, 9:30am, Zoom and at the Extension Center for those who have registered.

**Mar 25, 2021** OHCE Leader Lesson, Succulent Gardening. Instructor Courtney DeKalb-Meyers, Cleveland County Horticulturist. To register for Zoom meeting: <https://dasnr.zoom.us/j/97898713477?pwd=TU5ZNHZTT2FBdjM3RmpQMUhHTWd2QT09> Call the Extension Center to attend in person, 713-1125.

#### NEW STATEWIDE OHCE WEBSITE ADDRESS

The OHCE website has been moved from the College of Education to the Cooperative Extension Division. Below is our temporary statewide website, until the shorter version is available. You can also find it on the front page of this newsletter.

<https://extension.okstate.edu/programs/oklahoma-home-and-community-education/index.html>

**Thought for The Day:** A wise man will make tools of what comes to hand. - Thomas Fuller

#### DEADLINE FOR APR 2021

NEWSLETTER

Mar 18, 2021

#### OK County Extension Office

##### Address

2500 NE 63<sup>rd</sup> St  
Oklahoma City, OK 73111

##### Phone

405-713-1125

##### Email

Educator  
Lisa.Hamblin@okstate.edu

##### Website

Website for Extension Center:

<https://extension.okstate.edu/oklahoma>

##### Website for OHCE:

<https://extension.okstate.edu/programs/oklahoma-home-and-community-education/index.html>

##### Website for Genealogy

**Group:** [www.ohcegenealogy.com](http://www.ohcegenealogy.com)

##### Follow us on

[Facebook.com/okcounty/osuextension](https://www.facebook.com/okcounty/osuextension)

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## EDUCATOR'S COLUMN

Last week, I attended the OHCE statewide Virtual Leadership Conference, and am excited to share some activities I learned about while attending the Cultural Enrichment and Family Issues committee sessions. Grady County OHCE is hosting a virtual OHCE Book Club and are reading books about Oklahoma. Currently, they are reading *The Grapes of Wrath* by John Steinbeck. If anyone would be interested in starting an Oklahoma County Book Club, please contact me or Cultural Enrichment chair, Pat Smith. Her contact information is in the yearbook. Grady County has also been hosting Technology Tuesday workshops at their Extension Center. These have limited enrollment for social distancing, but the hands-on aspect is beneficial. OHCE members are learning how to use Facebook, Zoom, cell phone apps, and much more. I can see this as a great project for our county as well. Let me know if you are interested.

Thank you to the 6 groups who turned in Secretary Books! Even though it's looking doubtful that we will have a Spring luncheon this year, we will still have award presentations and announce those in the newsletter.

### VIRTUAL SE DISTRICT MEETING WORKSHOPS – MARCH 11<sup>TH</sup>

Thank you to the 28 members who registered for the district meeting! This is going to be a new experience for all of us! Attached to the newsletter is a description of the workshops. There will be 2 demonstrations and 2 hands on workshops available to choose. Supplies will be delivered to the Extension Center for all workshops. For members viewing from home, your supplies can be picked up at the Extension Center when they arrive, or we will arrange for delivery. Out of county and out of state participants will have their supplies mailed. Acrylic paint in 5 colors will need to be purchased by each member choosing the mandala workshop. The instructor recommends one of the colors be white, and buying the 99 cent bottles from Walmart, nothing fancy. Box lunches will be provided at no charge for Extension Center participants. If you have a dietary request, please contact Lisa no later than March 8<sup>th</sup>.



## 2020-2021 *Memorial Service*

Jan Beattie

Our annual Memorial Service to honor our deceased members will be held during our annual *Awards and Achievement Luncheon* in April 29, 2021. To date, I have received notification of the deaths of twelve:

*Laura Robinson* from 3Es

*Ray Ridlen* Oklahoma County Extension Horticulturist

*Judith Irwin* from Genealogy Group.

*Grace Otto* from NW Seekers/Council Grove

*Sonja Frazier Wilson* from Learn and Serve and Modern Homemakers

*Shirley Kitchens* from Las Amigas/Will Rogers

*Mike Miller* from Genealogy Group

*Betty Geis* from Genealogy Group

*Dorothy Driver* from Las Amigas/Will Rogers and past county president passed away on September 22, 2020 at the age of 102.

*Betty Kill* from Cardinal Group

*Sharon Fore* from Genealogy Group *and*

*Andre Head* from Genealogy Group

If you have any photographs, special memories, or anecdotes of any of the deceased, kindly let me know. *I am particularly in need of photos and information for Betty Kill.*

If your group has lost a member of which we are not aware, please let me know so they can be remembered during the service. I can be contacted by email at [jankb80@sbcglobal.net](mailto:jankb80@sbcglobal.net) or by phone (405) 513-4014. Thank you.

## **GENEALOGY GROUP**

### **By Kathy Feters**

Our group met on Wednesday, February 17th via ZOOM, due to the dangerous weather conditions. There were 17 of us present at the meeting. Following our flag salute's, the secretary and treasurer both gave their reports, which were approved.

For our inspiration this month, our President, Jan Beattie, presented, via her Quick Tips, how to use voter registration through the years to find a lost ancestor. This is especially helpful during the 1890's when we are missing a national census. That Quick Tip can be found on our website.

Our speaker this month was Andrea Moon, who spoke on "The Wonders of DNA". Following the death of her mother, Andrea found a box of old letters and some information in those letters led her to reach out to her father, a man she had had no contact with for most of her life. That attempt was unsuccessful, but Andrea did not give up and was finally able, through DNA, to find other relatives. Some of these relatives were people she had never heard of, which increased her curiosity. Her DNA also revealed that she was part Italian which was a surprise. Going back to those old letters, Andrea found someone who could translate them from Greek to English, only to learn that the man she had thought was her father actually wasn't. Through a series of perfectly

timed events, over seven years, Andrea was able to discover her true father's name and a whole new family. It reminded us all that persistence and determination are necessary in family research.

Next month our speaker will be Paul Cunningham who will be presenting excerpts from his book, "Letters From a Farm Boy".

### **SOCIAL COMMITTEE UPDATE BY Jan Bohannon**

So, how did you do on last month's State Capitals Word Scramble? I have to admit, "esniosdme" certainly threw me for a loop!

Did you participate in the "30/30 Challenge"? I found it to be a very rewarding experience and have already started my next 30.

We appreciate all the positive reviews. We are happy to provide more challenging puzzles and thought-provoking information once again.

The Oklahoma Trivia Puzzle will challenge even the sharpest OHCE minds! By the way, Valerie DeBoer put together a fun and informative quiz just for us! Thank you, Valerie!

If you have any suggestions or would like to be a part of this committee, please contact us. Members are Virginia Meek, Valerie DeBoer and myself.

### **A Different Kind of Gas By Jan Bohannon Social Committee**

"Hi, Darlene! How's your day going?", asked the client at the mental health clinic. "Oh, it's going great, dear, and I sure appreciate you asking!", replied a beaming Darlene.

The client looked over at their patient advocate and said, "I've seen people be so rude to her. Darlene works hard to help us. When I can remember, I make it a point to stop by and put a little gas of kindness in her tank."

No doubt, this kind of "gas" can certainly make a positive difference in a person's life. And I bet it gets some pretty terrific mileage, too!

### **Save Personal Items for Veterans Don't Forget!**

#### **PERSONAL ITEMS FOR VETERANS**

For the month of March, please remember to purchase the following items for the 4<sup>th</sup> of July delivery to Veterans Medical Center:

- Shampoo
- Conditioner
- Shaving cream
- Razors
- Combs

## 2021 Yearbook Quiz

We have our new 2021 Yearbooks and below are a few questions to help us become acquainted with where to find things. This book is a wealth of information. See the next newsletter for the answers.

- a. The calendar of events starts on page 16. What event is scheduled on November 4?  
\_\_\_\_\_
- b. What is the subject of the June Education Lesson Training? See page 25.  
\_\_\_\_\_
- c. Page 32 has a suggested Agenda or Order of Business for our group meetings. What parts of the meeting will the Vice President introduce?  
\_\_\_\_\_
- d. What page lists your group officers, officials and group chairpersons? Page # \_\_\_\_\_. Pages 11-15 list all groups with minimal information but the answer to this question is the page with blanks for you to complete about your group. This page also includes group committee chairpersons responsibilities.
- e. Each committee has a page listing the goals and projects for the year along with the contact information for the committee chairman starting on page 37. Which committees need chairman, indicated by no chairman contact information?  
\_\_\_\_\_
- f. If an article is to be included in the June newsletter, before what date in May does an article need to be received by the editor? See page 46.  
\_\_\_\_\_
- g. If someone is a member of your OHCE group but lives outside Oklahoma County, can they enter items in the Oklahoma County fair, and if yes, what division? See page 58. **Yes or No**
- h. If your OHCE group wants to do project but could use some financial assistance, what group may be able to assist your group with a grant? See page 60.  
\_\_\_\_\_
- i. What page has the form for ordering an OHCE badge? See the table of contents immediately following the cover page. If you are ordering your first one, talk with your group president or fellow group members for clarification. Page # \_\_\_\_\_
- j. Looking at the Member Volunteer Hours Form (after page 64), can you include the number of hours that you exercise? **Yes or no** If you have questions about completing this form, see the Directions for Filling out the Member Volunteer Hours Form on pages 55-56. Hint: The answer to this question is found on the form, not in the directions.

## THE OKLAHOMA BOWL

1. What is Oklahoma's State beverage? \_\_\_\_\_
2. What are Oklahoma's State colors? \_\_\_\_\_
3. Name the Oklahoma State reptile. \_\_\_\_\_
4. What is Oklahoma's State bird? \_\_\_\_\_
5. What is Oklahoma's State insect? \_\_\_\_\_
6. Name Oklahoma's State animal. \_\_\_\_\_
7. Name two inventions invented in Oklahoma that are still used today. \_\_\_\_\_
8. What is Oklahoma's state fur bearing animal? \_\_\_\_\_
9. What is Oklahoma's State butterfly? \_\_\_\_\_
10. Name Oklahoma's State floral emblem. \_\_\_\_\_
11. What is Oklahoma's state fish? \_\_\_\_\_
12. On what day, month and year did Oklahoma become a state? \_\_\_\_\_
13. What is Oklahoma's State rock? \_\_\_\_\_
14. Can you name Oklahoma's state musical instrument? \_\_\_\_\_
15. What does the word Oklahoma Mean? \_\_\_\_\_
16. Of the 77 counties in Oklahoma, Which county is the largest? \_\_\_\_\_

17. Of the 77 counties in Oklahoma,  
which county is the smallest?

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18. What is Oklahoma's State tree?

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19. What is Oklahoma's State game bird?

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20. What is the name of the Oklahoma  
State Poem?

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21. What is the name of Oklahoma's  
State soil?

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22. What is the name of the State  
waltz of Oklahoma?

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23. What is Oklahoma's nickname?

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24. What is the name of Oklahoma's  
State grass?

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25. The Oklahoma State meal consists of which food  
items?

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26. What is Oklahoma's State song?

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# State Capitals Word Scramble 1

## SOLUTION

|            |             |
|------------|-------------|
| EUAJUN     | JUNEAU      |
| ANSGIL     | LANSING     |
| UABOGERNTO | BATON ROUGE |
| EPRIER     | PIERRE      |
| ATSNIU     | AUSTIN      |
| VOEDR      | DOVER       |
| OXPIEHN    | PHOENIX     |
| ESNIOSDME  | DES MOINES  |
| CMUIOBLA   | COLUMBIA    |
| OELRENTMIP | MONTPELIER  |
| HRDRATFO   | HARTFORD    |
| ALNAATT    | ATLANTA     |
| SLAEM      | SALEM       |
| SALPANUIT  | SAINT PAUL  |
| KIMARCBS   | BISMARCK    |
| ASONCJK    | JACKSON     |
| LLOINNC    | LINCOLN     |
| CRDOCNO    | CONCORD     |
| CSTELHNARO | CHARLESTON  |
| MHOICDRN   | RICHMOND    |
| OERANAMSTC | SACRAMENTO  |
| BCOSLUUM   | COLUMBUS    |
| HALGRIE    | RALEIGH     |
| ATNEAFS    | SANTA FE    |
| NAYLBA     | ALBANY      |

Find more fun [word scrambles](#).



**SE DISTRICT OHCE MEETING**  
**GET ON BOARD WITH OHCE**  
**MARCH 11, 2021**

9:30 a. m.—Zoom Live—Business Meeting

**Workshops:**

**Gardening**—Renee Fisher—LeFlore County

Renee will demonstrate how to plan and arrange live plants in everyday household containers to make a beautiful indoor living arrangement.

**Fabric Christmas Ornaments**—Teo Hair—Murray County

In this hands on workshop, Teo will show you how to fold simple fabric ornaments for gifts and tree decorations.



**Overall Boy**—Viola Allen—Pittsburg County

In this workshop you will learn the history of the Overall Sam quilt block and see the many different versions of the Overall Boy.



**Mandala Art**—Susan Black—Pontotoc County

Dating back to the 4th Century, Mandala art represents a wholeness of life and our relation to the infinite. This circular design symbolizes the idea of never-ending life and the connection between all things. In this hands on workshop Susan will share the history of Mandala Art and teach you how simple and beautiful Mandala art is.